



Sticky Change

Experts in fostering change that sticks

Services Skill Development

Sticky Change has designed and delivered all of the following training programmes for our clients.

CHANGE SKILLS

- Sponsoring Change for senior change sponsors
 - Managing Change for line managers
 - Facilitating Change for people managing change projects
 - Embracing Change for staff at all levels
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LEADERSHIP AND MANAGEMENT SKILLS

- Strategic leadership
 - Managing teams
 - Performance management and feedback skills
 - Recruiting for competencies/attitude
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INTERPERSONAL SKILLS

- Coaching skills
 - Facilitation skills
 - Influencing skills
 - Presentation skills
 - The Thinking Environment
 - Working in collaboration
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PERSONAL SKILLS

- Managing your Energy Account
- Personal effectiveness and Developing self-belief
- Resilience and Mental Toughness
- Stress management



For more information about any of our services please contact one of our offices or email us at info@stickychange.com